

Salud SOL!

HCHS/SOL Newsletter



Volume 12, Number 2 Hispanic Community Health Study / Study of Latinos (HCHS/SOL)

HCHS/SOL Visit 3 is Starting

As part of the 4,000 individuals selected to participate in the HCHS/SOL study at the Bronx Field Center, your continued support is important to improve our understanding of the causes of certain chronic diseases in the Hispanic/Latino population. Your participation is helpful and greatly appreciated.

If you agree to participate in the Visit 3 examination, your visit to our research center will include questionnaires and health tests **at no cost** such as:

- Weight, height, and body fat assessment
- Seated blood pressure
- Urine test to examine kidney function
- Blood tests for diabetes, cholesterol and other blood fat

Questionnaires will include questions about your health, health care use, occupation, tobacco use, sexual orientation, physical activity, lifestyle, diet, and current medications.

After the completion of the Visit 3 examination, you may be eligible to participate in other HCHS/SOL ancillary studies.

Some of these additional studies will include measurements of physical activity and other assessments such as a blood vessel elasticity examination, measurement of arterial pulses in your arms and legs, evaluation of the liver and heart, and/or the collection of stool sample for gut microbiome analysis. Ancillary studies that can be conducted the same day of your SOL Visit 3 examination will extend your visit or could require scheduling an additional appointment to our field center. We will provide more information about your eligibility to participate in any of these studies on the day of your visit.

You will receive an incentive for your participation on the day of your visit. The results of your health tests will be provided to you and to your doctor as well, if you desire.

Thank you for being part of the SOL family!

How to Participate in Visit 3

Visit 3 examination is expected to take place between January 2020 and December 2022. You will be invited to participate based on the date of your first visit with HCHS/SOL. We will be contacting you by phone, mail, or email to schedule an appointment with you. If your contact information has changed or if you have any questions, please call us at **(718) 584-1563**.

Other Ongoing Activities

Annual Follow Up: We continue to contact you once a year to ask about your current health and update your records of hospitalizations and emergency room visits.

SOL Ancillary Studies: We are currently inviting eligible HCHS/SOL participants who may qualify for the following studies by mail and/or phone:

SOL INCA MRI: A study that aims to understand brain aging or how the brain might differ for people as they get older or have memory loss.

SOL FLOR: A mother/child study that aims to learn about possible causes of early childhood obesity.

Please contact us if you have not heard from HCHS/SOL in the last year.

Remember that you can still participate in the study even if you have moved away from the Bronx area.

Stay in touch and we look forward to seeing you soon!

Miami, Florida

305-243-1828



Bronx, New York

1-718-584-1563



Chicago, Illinois

1-800-749-4765



San Diego, California

1-619-205-1926



Coordinating Center

1-919-962-3254



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